

Olympia Area Rowing Junior Program
Code of Conduct Form – Page 1 of 3
High School Athlete, Coach and Parent Agreement

OAR CODE OF CONDUCT FORM

The purpose of this Code of Conduct is to outline the responsibilities of Olympia Area Rowing (OAR) coaches and high school athletes. This agreement has been approved and will be upheld by the OAR Board of Directors should Corrective Action be necessary.

Responsibilities of OAR High School Coaches:

- Schedule regular practices for all high school athletes.
- Ensure that all safety equipment is fully stocked and is accessible during all practices (land and water).
- Inform OAR maintenance personnel of equipment problems immediately.
- Ensure that OAR coaching/safety launches are maintained including general maintenance, upkeep and fuel.
- Keep daily practice records of athlete attendance.
- Keep complete crew roster and emergency contact information on hand at all times during practices and regattas.
- Register crew for all regattas, coordinate payment with OAR Treasurer.
- Coordinate regatta travel and boat transport.
- Collect all dues from high school athletes.
- Supervise all high school athletes when present in and around OAR club equipment in the OAR boatyard.
- Maintain professional and respectful boundaries at all times with all athletes.

Corrective Actions:

Should any of the coaching behavior expectations be violated, the OAR Board President should be notified immediately. The OAR Board of Directors will be responsible for issuing any Disciplinary or Corrective Actions against OAR high school coaches.

Responsibilities of OAR High School Athletes:

Introduction:

Participation in Olympia Area Rowing (OAR) High School Crew is completely voluntary. Involvement does, however, require a commitment on your part with respect to your academic standing, citizenship and obligations to the club and your teammates. Crew is truly a team sport and your decision to participate demonstrates a desire on your part to excel both individually and on behalf of your teammates.

OAR expects all high school athletes to behave as responsible young adults during all club events including practices and regattas.

As a member of OAR, while participating in any club event including all practices, regattas (local and away), and other social or fundraising events, all High School Athletes will be expected to abide by the following Behavior Guidelines. If an athlete chooses to violate these Behavior Guidelines, OAR coaches will take the also following Corrective Actions.

Behavior Guidelines, 1 – 5:

1. Be respectful of other athletes, coaches, OAR Board of Directors, other OAR members, Swantown Marina residents, chaperons, and all other adult volunteers.
2. Accept and carry out instruction of OAR coaches, Board Members, chaperons.
3. Attend and take part in all scheduled practices and activities unless excused by one of the coaches.
4. Inform OAR coaches, Board members, or adult volunteers of any problems or violations of this Code of Conduct.
5. During crew travel and overnight trips, all athletes will stay with their assigned group at all times unless prior, written approval is acquired from their parents and OAR coaches. All athletes traveling with the group should remain in their own bed at team curfew unless permission is received from an OAR coach or chaperon.

Corrective Action for #'s 1 – 5:

Verbal and Written Warnings: Should an athlete violate these Guidelines, they will receive a documented Verbal Warning. Should the behavior continue, the coach will issue a Written Warning that will outline the

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violating behavior and steps that should be taken by the athlete to correct it. A second Written Warning may be issued if the athlete continually disregards the first. Two Written Warnings in one session (practice or regatta) will result in automatic suspension.

Behavior Guidelines, 6 – 9:

6. The property and equipment of OAR is to be used by athletes only by the authorization of OAR coaches or representatives. Any damage caused to by willful and/or malicious acts or loss of property due to theft or other damage will be the financial responsibility of perpetrator. Additionally, if you willfully damage or steal others' property or equipment, you will be financially responsible for the damages.
7. Refrain from using or being under the influence of any alcohol or illegal drugs at OAR events or during crew travel and overnight trips. Possession and/or consumption of alcohol or illegal drugs may prevent the entire team from participating in the event. Additionally, failure to abide by travel rules may result in the athlete (s) involved being returned home at their parent/guardian expense.
8. Attend all regattas, unless prior approval is obtained from your coach with good reason.
9. Obtain prior approval to be in OAR Boatyard and storage facilities without an OAR coach or other adult.

Corrective Actions for #'s 6 – 9:

Suspension: Suspension will be an automatic removal from team activities for a minimum of 5 days. The length of suspension may be extended or have additional consequences added if deemed necessary by the OAR Coaches and/or Board of Directors. Prior to returning to practice, suspended athletes must write and sign a statement explaining their goals and efforts at improving behavior in the future. Athletes returning from a suspension will be on probationary status for at least 2 weeks.

Behavior Guidelines, 10 – 13:

10. Athletes may not have in their possession a weapon or anything that may be considered to be a weapon.
11. Refrain from any physical or verbal abuse of teammates, coaches, OAR Board members, adult volunteers, or any person of the public.
12. Refrain from selling, dealing or providing controlled drugs or alcohol.
13. Refrain from any action that seriously endangers the welfare of other participants, OAR equipment, or the reputation or longevity of Olympia Area Rowing Programs.

Corrective Actions for #'s 10 – 13:

Expulsion: This is immediate expulsion and complete and permanent removal from all OAR activities. The athlete will forfeit all dues/fees paid to date, and will pay outstanding fees.

Please retain this document for your records.

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Please sign and return this page with your registration packet

Coach's Agreement:

I have read and understand the above responsibilities and behavior expectation and I agree to comply. I agree to act at all times in the interest of athlete safety. I will always err on the side of caution in questionable conditions. I agree to be clear with my expectations of all athletes and to maintain professional and respectful boundaries with athletes. I agree to uphold all Corrective Actions with fairness and clarity. I agree to notify the OAR Board of Directors if any personnel or severe behavioral issues arise with any athlete.

Athlete's Agreement:

I have read and understand the above responsibilities and behavior expectations and I agree to comply. I acknowledge and give permission for my personal belongings to be searched for contraband should the need be determined by OAR coaches.

I consent to the taking of slides, photos or videotape during practice or OAR regattas or other club activities for advertising, promotion, publicity or instructional purposes. I waive all claims for compensation for such use.

Parent/Guardian's Agreement:

I have read and understand the above responsibilities and expectations regarding my child's participation in OAR High School Crew programs.

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|----------------------------|------------------------------------|--------------------------|
| _____ Athlete Signature | _____ Parent/Guardian Signature | _____ Coach Signature |
| _____ Print Name | _____ Print Name | _____ Print Name |
| _____ Today's Date | _____ Today's Date | _____ Today's Date |

Corrective Action Documentation:

1. Type of Corrective Action: _____
2. Date of Corrective Action: _____ Given by (name): _____
3. Justification of Corrective Action (refer to Behavior Guidelines): _____

4. Signature of athlete: _____
My parent/guardians and I have been informed of and understand the reason(s) of the above Corrective Action.

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